



Information Guidance for Primary School Teachers

Question 8 duplicates “Jackson’s Smoking Susceptibility” instrument, reported in Jackson C (1998) Cognitive susceptibility to smoking and initiation of smoking during childhood: A longitudinal study. *Preventive Medicine*, 27, 129-134. It is a 4-item instrument designed to measure smoking susceptibility among children, which was shown to predict smoking behaviour two years later. As noted on the website below, this instrument can be administered in the classroom and items can be read aloud to younger respondents, or to respondents for whom reading skills might hinder comprehension.

The instrument was identified through an on-line resource provided by the U.S. National Cancer Institute (NCI), the **NCI Measures Guide for Youth Tobacco Research** (see http://cancercontrol.cancer.gov/tcrb/guide_measures.html).

The selected instrument has been embedded within a survey that has been designed and previously used and tested within the region. The Fresh Quality Standard Smoking Survey is intended for use as baseline and progress measures.



Fresh Smoke Free Quality Standard
Primary School Smoking Survey (Years 4-6)

This survey asks questions about smoking. Please answer the questions as honestly as you can. Please do not write your name on the paper.

There are different types of questions. Some ask you to put a 'tick' ✓ next to your answer. Others ask you to write your answer on the line next to the question. If you get stuck, please ask your teacher to help you.

1. Are you a boy or a girl? Please tick ✓ just one answer

- a Boy
- b Girl

2. I am in Year

3. About smoking: which of these sentences describes you best? Please tick ✓ one answer.

- a I have never smoked a cigarette
- b I've had a try, but I have not smoked a whole cigarette myself
- c I have only tried smoking once or twice
- d I used to smoke sometimes but I don't now
- e I smoke sometimes, but not every week
- f I smoke at least one cigarette a week
- g I smoke more than one cigarette a week, but would like to give it up
- h I smoke more than one cigarette a week, and don't want to give it up

4. Have you smoked in the last 7 days Please tick ✓ one answer.

- a Yes
- b No

If Yes, how many cigarettes? Please write the number here _____

5. Think about smoking at home. Which of the following best describes what happens in your home? Please tick ✓ one answer.

- a No-one ever smokes at home (inside or outside)
- b Smoking happens, but outside only (several steps or more from the door)
- c Smoking happens on the doorstep only
- d Smoking happens in certain rooms only
- e Smokers can smoke anywhere in the house

6. Do your parents/carers smoke? (tick ✓ one answer)

- a Yes
- b No

7. If you answered Yes to Question 6, do your parents/carers smoke ...indoors at home? ... inside a car if you are in it too?

- a Yes
- b No

- d Yes
- e No
- f I don't travel in a car

8. Please put a tick ✓ against your answer to each of the following questions:

a. Do you think that you will be smoking cigarettes a year from now?

- i Definitely yes
- ii Probably yes
- iii Probably not
- iv Definitely not
- v Don't want to answer
- vi Don't know

b. Do you think that you will be smoking in secondary school?

- i Definitely yes
- ii Probably yes
- iii Probably not
- iv Definitely not
- v Don't want to answer
- vi Don't know
- vii I have already tried smoking

c. Do you think that most children who are like you start smoking cigarettes?

- i Definitely yes
- ii Probably yes
- iii Probably not
- iv Definitely not
- v Don't want to answer
- vi Don't know

d. Have you ever almost tried a cigarette but then decided not to? (tick ✓ one answer)

- i. Yes
- ii. No

Thank you for completing this survey

Assessment Attitudes - Pre and Post Activity

Please **circle** one number on each line to show if you agree or disagree with the statement, and how strongly

		Strongly agree	Agree	Disagree	Strongly Disagree
a	I think I would enjoy smoking	1	2	3	4
b	I think smoking would give me something to do when I'm bored	1	2	3	4
c	I think smoking would damage my appearance (yellow teeth, bad skin)	1	2	3	4
d	I think smoking would help me deal with problems or stress	1	2	3	4
e	I think smoking would help me to stay thin	1	2	3	4
f	I think smoking would make it harder to play sport	1	2	3	4
g	I think smoking would help me feel comfortable at parties	1	2	3	4
h	I think smoking would be relaxing	1	2	3	4
i	If I started smoking regularly, I think it would be hard for me to stop	1	2	3	4
j	I think smoking would make me look older	1	2	3	4
k	I think smoking would give me bad breath	1	2	3	4
l	I think smoking would be bad for my health	1	2	3	4
J	I think most young people at secondary school smoke	1	2	3	4
K	I think most adults smoke	1	2	3	4