



Information Guidance for Secondary School Teachers

Question 8 is an extract from the survey instrument, validated for use with adolescents and focused on susceptibility to smoking, reported in Choi WS, Gilpin EA, Farkas AJ, Pierce JP (2001) Determining the probability of future smoking among adolescents. *Addiction*, 2: 313-323. It is intended to be self-administered, but is amenable to being read to students if necessary. As outlined on the website noted below, the results can be categorised as follows:

Definition of Categories (also see Susceptibility to Smoking measure)

Committed Never Smoker: Has never smoked a cigarette, even a few puffs, and expresses a strong commitment not to smoke.

Susceptible Never Smoker: Has never smoked a cigarette, even a few puffs, but lacks a strong commitment not to smoke.

Puffer: Has puffed on a cigarette, but denies having smoked a whole cigarette.

Non-Current Experimenter: Reports smoking fewer than 100 cigarettes in lifetime, but has not smoked during the last 30 days.

Current Experimenter: Reports smoking fewer than 100 cigarettes in lifetime, and has smoked during the last 30 days.

Non-Current Established Smoker: Reports smoking at least 100 cigarettes in lifetime, but has not smoked during the last 30 days.

Current Established Smoker: Reports smoking at least 100 cigarettes in lifetime, and has smoked during the last 30 days.

Question 14 duplicates a similarly validated survey instrument reported in Dalton MA, Sargent JD, Beach ML, Bernhardt AM, Stevens M (1999) Positive and negative outcome expectation of smoking implications for prevention. *Preventive Medicine*, 29: 460-465. Focused on assessing the evaluating risk for smoking initiation, this can also be self-administered.

Both of the above instruments were identified through an on-line resource provided by the U.S. National Cancer Institute (NCI), the **NCI Measures Guide for Youth Tobacco Research** (see http://cancercontrol.cancer.gov/tcrb/guide_measures.html).

The selected instruments have been embedded within a survey that has been designed and previously used and tested within the region. The Fresh Quality Standard Smoking Survey is intended for use as baseline and progress measures.



Fresh Smoke Free Quality Standard Secondary Smoking Survey

We are doing this survey because we want some information that will help our school make sure we give you a programme of tobacco education that is right for you and other people in the school. The questions ask you about smoking and your ability to handle smoking situations.

The questionnaire is confidential, so please **do not** put your name on it. Teachers or parents will NOT be able to work out how you answered the questions, so please be as honest as you can. The results will show only overall percentages, not anyone's individual answers.

1. I am (tick ✓ one answer)

- a Male
- b Female

2. I am in Year _____

3. Please tick ✓ whichever of these best describes you:

- a I have never smoked a cigarette
- b I've had a few drags, but not smoked a whole cigarette myself
- c I used to smoke but I don't now
- d I smoke sometimes, but not every week
- e I smoke regularly (more than one cigarette a week), but would like to give it up
- f I smoke regularly (more than one cigarette a week), and don't want to give it up

4. Approximately how many cigarettes have you smoked in the last 7 days? _____

5. If you smoke, where do you usually get or buy your cigarettes from? (you can tick ✓ more than one).

- a I buy them myself from a supermarket
- b I buy them myself from a newsagent
- c I buy them myself from an off-licence
- d I buy them myself from a pub or bar
- e I buy them myself from a street seller/neighbour/private house/van
- f I get them from brothers/sisters/friends who are over 18
- g I get them from brothers/sisters/friends who are under 18
- h I get them from my parents/carers/relations or other adult family members
- i Stolen
- j Brought back from abroad (duty free)
- k Other sources – please describe here
- l I don't smoke

6. Have you ever bought any of the following? (please tick ✓ all that apply)

- a Cigarettes with health warnings in a different (foreign) language
- b Fake cigarettes (e.g. counterfeit– in packaging that looks like well-known brands)
- c Single cigarettes (not in packets)
- d Cigarettes from other sellers (from neighbours, market stalls, car boot, ice cream vans etc)
- e Electronic cigarettes

7. Please tick ✓ which of these you think is the most accurate statement:

- a Most students in my school smoke
- b Around half the students in my school smoke
- c About a quarter of the students in my school smoke
- d About 1 in 10 students in my school smoke
- e Hardly anyone in my school smokes

8. Please put a tick ✓ against your answer to each of the following questions:

a. How likely is it that you will smoke a cigarette in the next year?

- Definitely yes
- Probably yes
- Probably not
- Definitely not
- Don't want to answer
- Don't know

b. Do you think that in the future you might experiment with cigarettes?

- Definitely yes
- Probably yes
- Probably not
- Definitely not
- Don't want to answer
- Don't know
- I have already tried smoking

c. If one of your best friends offered you a cigarette, would you smoke it?

- Definitely yes
- Probably yes
- Probably not
- Definitely not
- Don't want to answer
- Don't know

9. If you have already started smoking...
(if you haven't started smoking, please go to Q14)

a. How old were you when you started smoking regularly?

Age	<input type="text"/>
Don't want to answer	<input type="text"/>
Don't know	<input type="text"/>

b. Think about the last 30 days. On how many of those days did you smoke?

Number of days	<input type="text"/>
None at all	<input type="text"/>
Don't want to answer	<input type="text"/>
Don't know	<input type="text"/>

10. Do your parents/carers smoke? (tick ✓ one answer)

a Yes	<input type="checkbox"/>
b No	<input type="checkbox"/>

11. Does anyone ever smoke...

...indoors at home?

... inside a car if you are in it too?

a Yes	<input type="checkbox"/>
b No	<input type="checkbox"/>

d Yes	<input type="checkbox"/>
e No	<input type="checkbox"/>

12. Think about smoking at home. Which of the following best describes what happens in your home? Please tick ✓ one answer

a No-one ever smokes at home (inside or outside)	<input type="checkbox"/>
b Smoking happens, but outside only (several steps or more from the door)	<input type="checkbox"/>
c Smoking happens on the doorstep only	<input type="checkbox"/>
d Smoking happens in certain rooms only	<input type="checkbox"/>
e Smokers can smoke anywhere in the house	<input type="checkbox"/>

13. How many people smoke inside your home, including yourself and regular visitors, on most days? (please tick ✓ one answer)

a None	<input type="checkbox"/>	f Five	<input type="checkbox"/>
b One	<input type="checkbox"/>	g Six	<input type="checkbox"/>
c Two	<input type="checkbox"/>	h Seven	<input type="checkbox"/>
d Three	<input type="checkbox"/>	i Eight	<input type="checkbox"/>
e Four	<input type="checkbox"/>	j More than eight	<input type="checkbox"/>

14. Please **circle** one number on each line to show if you agree or disagree with the statement, and how strongly

	Strongly agree	Agree	Disagree	Strongly Disagree
a I think I would enjoy smoking	1	2	3	4
b I think smoking would give me something to do when I'm bored	1	2	3	4
c I think smoking would damage my appearance (yellow teeth, bad skin)	1	2	3	4
d I think smoking would help me deal with problems or stress	1	2	3	4
e I think smoking would help me to stay thin	1	2	3	4
f I think smoking would make it harder to play sport	1	2	3	4
g I think smoking would help me feel comfortable at parties	1	2	3	4
h I think smoking would be relaxing	1	2	3	4
i If I started smoking regularly, I think it would be hard for me to stop	1	2	3	4
j I think smoking would make me look more mature	1	2	3	4
k I think smoking would give me bad breath	1	2	3	4
l I think smoking would be bad for my health	1	2	3	4

Thank you for completing this survey