



## Using 'Draw and Write' on Second Hand Smoke (Passive Smoking)

### **Background**

The 'Draw and Write' technique starts where children are in terms of their thinking and experiences. It is important that it is not preceded by an intervention on passive smoking. Such an intervention would come after the 'Draw and Write' rather than before it. The 'Draw and Write' should be facilitated by an adult. It can be used with primary school children.

### **Materials Required**

All children will need;

- plain drawing paper (the children may use several sheets of paper)
- pencil or pen to write with

### **Instructions**

1. The children should be told that they are going to do a very special activity today to help some adults learn more about what they are thinking and feeling. There are no right or wrong answers. All of the work they produce is special.
2. They should be told that it is really important that they do all their own work. They must not copy off their friends.
3. Do not tell the children what subject they are going to be focussing on.
4. Begin the 'draw and write' as follows;

#### **Stage 1**

- a. The children should be asked to write down their first name and age on their paper.
- b. Teacher to say;  
*"Josie is 10 years old. She often goes to visit her Auntie Maureen with her mum. Josie's Auntie Maureen smokes cigarettes".*

#### **Stage 2**

- c. Ask the children to;  
  
*"Draw a picture of Josie's Auntie Maureen smoking. If you can, write next to your picture what you think Josie's Auntie Maureen feels when she has a cigarette".*

#### **Stage 3**

- d. Continue the story;  
*"Josie is watching TV with her Auntie Maureen, when she lights up a cigarette. Draw a picture of this. Next to your picture, write down what you think Josie feels about her Auntie smoking when she's around".*

#### Stage 4

- e. Continue with children's own writing;  
*"What do you feel/think when you are in a room when someone is smoking and why?"*

#### Stage 5

- f. "Draw a picture of a cigarette. Write down what you think is in cigarette smoke next to your picture".

#### Stage 6

- g. Continue;  
*"If you were Josie what would you like to say to her Auntie Maureen about her smoking around you?"*

#### Ending

- a. The teacher should collect in all the papers completed by the children. NB. Check that sex and ages are on each.
- b. It is important that the teacher discusses the issues raised about passive smoking with the children, using language and techniques appropriate to the age group.

